

Freedom of Information Request

Ref: 25-410

22 May 2025

By Email

Dear Sir/Madam

Thank you for your request for information under the Freedom of Information Act 2000. The Trust's response is as follows:

- We can confirm that we do not hold the information you are requesting

Can you please provide the following information under the Freedom of Information Act 2000. This query relates to shopping addiction, which is also known as Compulsive Buying Disorder (CBD) or Oniomania. Could the information please be provided in financial years.

For background, I have been advised that:

- **GPs or NHS talking therapies would be the first point of call for such patients.**
 - **Generally those diagnosed with the condition would rarely be diagnosed with it on its own as other mental health problems are likely to be present as well.**
 - **The ICD-11 diagnosis criteria may be used and under that, this condition could be listed as 'obsessive compulsive disorder - other' (which was what gambling used to be noted as before it was added to the diagnosis criteria).**
- 1. How many people have been identified as possibly having the condition (Compulsive Buying Disorder - CBD) during the following periods:**
 - a. 2020/21**
 - b. 2021/22**
 - c. 2022/23**
 - d. 2023/24**
 - e. 2024/25**
 - f. 2025-to date**
 - 2. What is the age and gender of those mentioned in question 1?**
 - 3. If someone presented to the NHS with this condition, what support or treatment options are available?**
 - 4. How many people have been identified as having Compulsive Buying Disorder (CBD) alongside another mental health diagnosis? E.g OCD or ADHD.**
 - 5. What is the age and gender of those mentioned in question 4?**
 - 6. How many people have been identified as having a behavioural addiction e.g**

gambling, porn or gaming, during the following periods:

- a. 2020/21**
- b. 2021/22**
- c. 2022/23**
- d. 2023/24**
- e. 2024/25**
- f. 2025-to date**

7. What is the age and gender of those identified in question 6?

For questions 2, 5 and 7, I am not requesting any information that would identify patients.

We do not hold this information. Please contact Avon and Wiltshire Mental Health Partnership NHS Trust at [Freedom of Information: Avon and Wiltshire Mental Health Partnership NHS Trust](#)

This concludes our response. We trust that you find this helpful, but please do not hesitate to contact us directly if we can be of any further assistance.

If, after that, you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to:

Data Protection Officer
University Hospitals Bristol and Weston NHS Foundation Trust
Trust Headquarters
Marlborough Street
Bristol
BS1 3NU

Please remember to quote the reference number above in any future communications.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF

Publication

Please note that this letter and the information included/attached will be published on our website as part of the Trust's Freedom of Information Publication Log. This is because information disclosed in accordance with the Freedom of Information Act is disclosed to the public, not just to the individual making the request. We will remove any personal information (such as your name, email and so on) from any information we make public to protect your personal information.

To view the Freedom of Information Act in full please click [here](#).

Yours sincerely

Freedom of Information Team
University Hospitals Bristol and Weston NHS Foundation Trust