

Ref: 24-372

Freedom of Information Request

30 May 2024

By Email

Dear Sir/Madam

Thank you for your request for information under the Freedom of Information Act 2000. The Trust's response is as follows:

We can confirm that we do hold the information you are requesting

1. Gestational Diabetes Mellitus Screening Methodology:

Please provide details on the current methods used by your Trust to screen for Gestational Diabetes Mellitus.

At the booking visit, testing for gestational diabetes is recommended to women with any of the following risk factors:

- Previous macrosomic baby weighing 4.5kg or more
- BMI above 30kg/m2 at booking
- Previous gestational diabetes
- Family history of diabetes in a first degree relative
- Minority ethnic origin with a high prevalence of diabetes (South Asian, Black Caribbean, Middle Eastern, Black African)

A GTT may be considered for women with multiple pregnancy, previous stillbirth, PCOS

During pregnancy a GTT will be recommended if any of the following are identified:

- >++ glycosuria on any 1 occasion or >+ glucose on two or more occasions
- Polyhydramnios confirmed by ultrasound Abdominal Circumference or Estimated Fetal Weight >95 centile on USS

2. Timing of Screening:

At which gestational week do the majority of pregnant women undergo GDM screening within your Trust?

GDM screening is typically completed between 24–28 weeks

3. Early Screening for High-Risk Pregnancies:

Do you conduct GDM screening earlier for pregnant women deemed to be at very high risk? If so, please specify the criteria for determining high risk and the gestational week

at which such screenings are conducted.

Women who have previously had gestational diabetes in a previous pregnancy will be offered one of the following options:

• 1 week early self-monitoring of blood glucose which can be arranged via the diabetes specialist midwife (community midwives do not need to teach monitoring but can refer to the diabetes specialist midwife)

or

- a 75 g 2-hour OGTT as soon as possible after booking (whether in the first or second trimester), which can be done in the community, and a further 75 g 2-hour OGTT at 24–28 weeks if the results of the first OGTT are normal
- 4. Administration of OGTT: (Oral Glucose Tolerance Test)
 Who is responsible for administering the OGTT within your Trust? Additionally, where is the OGTT typically conducted (e.g., hospital clinic, community health center)?
 OGTT are completed within the community setting, typically each community base will have a weekly / biweekly OGTT clinic managed by one of the maternity support workers.
- 5. Maternity-Related Risks Recorded in the Trust Risk Log: W&C Division to answer Please disclose which maternity-related risks are logged in the Trust's risk register or risk log.

There are currently no open risks relating to GDM on the maternity risk register.

- 6. Bank and agency Spending:
- -Please provide bank spend for midwifery staff for the year 2023, by job grade.
- -Please provide agency spend for midwifery staff for the year 2023, by job grade. please see the attached document

This concludes our response. We trust that you find this helpful, but please do not hesitate to contact us directly if we can be of any further assistance.

If, after that, you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to:

Data Protection Officer
University Hospitals Bristol and Weston NHS Foundation Trust
Trust Headquarters
Marlborough Street
Bristol
BS1 3NU

Please remember to quote the reference number above in any future communications.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF

Publication

Please note that this letter and the information included/attached will be published on our website as part of the Trust's Freedom of Information Publication Log. This is because information disclosed in accordance with the Freedom of Information Act is disclosed to the public, not just to the individual making the request. We will remove any personal information (such as your name, email and so on) from any information we make public to protect your personal information.

To view the Freedom of Information Act in full please click here.

Yours sincerely

Freedom of Information Team University Hospitals Bristol and Weston NHS Foundation Trust