

Freedom of Information Request

Ref: 24-116

5 March 2024

By Email

Dear Sir/Madam

Thank you for your request for information under the Freedom of Information Act 2000. The Trust's response is as follows:

- We can confirm that we do hold the information you are requesting

Do you have a Trust-wide obesity and weight management strategy? If so, how is this implemented (for example, through delivery of Tier 3 obesity services of the NHS Tiered Care Weight Management Pathway)?

Yes, for paediatrics. The adults Tier 3 weight management service is provided by North Bristol NHS Trust - please contact foi@nbt.nhs.uk for further information.

Details of staff training to deliver these strategies

We do not offer any routine training for staff currently

Details of any current training for clinical staff in the area of weight discrimination, weight stigma, weight bias and/or obesity awareness

We do not offer any routine training for staff currently

The number of complaints made to the Trust where weight discrimination, bias or stigma was mentioned in the period 1st January 2014 to 31st December 2023

Six

Any planned or current actions in response to the Health and Social Care Committee report on 'The Impact of Body Image of Mental and Physical Health'.

We are improving links with local children eating disorder services and working together to develop a collaborative approach to helping younger people access services who are felt to be at risk; piloting the use of a binge eating disorder screened (adolescent binge eating scale and also in the process of consulting with CAMHs (Children and Adolescent Mental Health Services) about trying to identify a care pathway for young people with eating disorders and have regular meetings with CAMHS eating disorder specialist in which we are able to see advice on ways to identify any other forms of eating disorder pattern.

This concludes our response. We trust that you find this helpful, but please do not hesitate to contact us directly if we can be of any further assistance.

If, after that, you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to:

Data Protection Officer
University Hospitals Bristol and Weston NHS Foundation Trust
Trust Headquarters
Marlborough Street
Bristol
BS1 3NU

Please remember to quote the reference number above in any future communications.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF

Publication

Please note that this letter and the information included/attached will be published on our website as part of the Trust's Freedom of Information Publication Log. This is because information disclosed in accordance with the Freedom of Information Act is disclosed to the public, not just to the individual making the request. We will remove any personal information (such as your name, email and so on) from any information we make public to protect your personal information.

To view the Freedom of Information Act in full please click [here](#).

Yours sincerely

Freedom of Information Team
University Hospitals Bristol and Weston NHS Foundation Trust