

Cinica project summary

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Project details

Title: **Hysteroscopy Audit to review the effectiveness of NSAIDs and or paracetamol during and post procedure**

Code: **GYNAE/SE/2021-22/03**

Date registered: **05/01/2022**

Speciality: **Gynaecology**

Other associated specialities: **N/A**

Business unit: **Women's Services**

Division: **Women's and Children's**

Is your project related to particular sites?: **No**

Is your project related to particular wards/areas?: **No**

Project information

Priority: **3**

Lead participant: [REDACTED]

Audit mentor: [REDACTED]

Audit facilitator: [REDACTED]

Forward plan/additional

Forward plan/additional activity: **Additional activity**

Rationale

Women without contraindications should be advised to consider taking standard doses of NSAIDs around 1 hour before their scheduled outpatient hysteroscopy appointment with the aim of reducing pain in the immediate postoperative period.

Guidance

Code	Title
RCOG Green top guideline 59 (Hysteroscopy)	Hysteroscopy, Best Practice in Outpatient (Green-top Guideline No. 59)

Criteria

Order	Criteria	Numerator/Denominator/Exceptions	Target	Current	Status	Guidance
1	Did the patient take analgesia prior to procedure?	34 / 48 / 2	>=100.00%	68.00%	⊖	0
2	Was local anaesthetic administered during this procedure?	11 / 48 / 2	>=100.00%	22.00%	⊖	0

Governance

Governance: **N/A**

Reference details: **N/A**

Project progress

Sign off date: **N/A**

Presentations

No presentations have been selected

Results

Finding 34 of the 50 women included had taken pre-operative analgesia. Pain scores were recorded during outpatient hysteroscopy. Discovering the average pain score was between 3 and 4 out of 10, although some of the women included had much higher pain scores. Only a small amount of women required local anesthetic during the procedure. Pain scores following hysteroscopy were recorded for one of the 50 patients.

Conclusions

Concluding that the current standard is being met with a high level of compliance of 74%, despite this fact, some improvement is required. Average pain levels during the procedure were found to be low. Documentation has since been updated to reflect post-operative pain scores. A second audit is recommended to include updated documentation of post-operative pain levels to determine if analgesia improves patient levels of pain. A patient questionnaire is recommended to provide richer data regarding levels of pain and satisfaction of the outpatient hysteroscopy service.

Assurance & risk

Assurance

Assurance level	Description
Significant	The project has mostly achieved the standards or criteria being audited against

Risk

Risk level	Description
Low	Peripheral element of treatment or service suboptimal

Add to risk register: **No**

Reason: **N/A**

Action plan

No actions have been recorded for this audit

Re-audit

Would you like to schedule this audit to be conducted again?: **Yes**

Re-audit date: **03/04/2023**