

Freedom of Information Request

Ref: 23-425

19 June 2023

By Email

Dear Sir/Madam

Thank you for your request for information under the Freedom of Information Act 2000. The Trust's response is as follows:

- We can confirm that we do hold the information you are requesting

1. Does the Trust provide a Specialist Tier 3 Weight Management Service?

Yes, for paediatrics.

The adult weight management service is hosted by North Bristol NHS Trust – please contact foi@nbt.nhs.uk for this information.

2. What is the title and grade of the clinician(s) who is clinically responsible for patients seen in this service?

Consultant Paediatric Endocrinologist.

3. Please provide any clinical pathways and/or protocols or service specifications for this service.

The pathway for weight management involves regular input from the MDT (multi-disciplinary team) comprising of medical doctors, dietitian, specialist nurse, psychologist and social worker over a period of several months. The patient is typically seen in a Consultant led MDT clinic every 4-6 months and by the other members of the MDT(therapy team) in between the Consultant appointments. Children and young people (CYP) are screened for complications related weight gain and appropriate support is offered. This involves referring to other paediatric subspecialities. Some young patients (adolescents) living with severe obesity are also offered pharmacological intervention (medical treatment) for weight loss if they are found suitable.

4. Please provide any quality metrics and/or reports for this service.

DNA

IDNA rate for March 2023: 13.8%

(January 2023: 10.7%, February 2023: 14.3%)

Complications

This data refers to the 84 new referrals we saw in the first 12 months of CEW (complications of

excess weight):

- Non-alcoholic fatty liver disease (NAFLD) - 15.5% had a diagnosis of NAFLD.
- Obstructive sleep apnoea (OSA) - 16.7% of our patients have diagnosed with OSA with 6% requiring non-invasive ventilation.
- Type 2 diabetes (T2DM) - approximately 9.5% of patients under CEW (complications of excess weight) have a diagnosis of T2DM. We recently moved all patients with T2DM into CEW clinic for management of their diabetes, and away from diabetes clinic so they can access the wider CEW MDT (Complications of Excess Weight Multi-Disciplinary Team).
- Hypertension - 31% of our patients have documented hypertension, but we do not refer to renal team unless they have significantly elevated BP on manual recording (12mmHg above the 95th centile) or three abnormal readings above 95th centile for age/height/sex.

Pharmacotherapy

- Liraglutide - we have commenced 70 patients on liraglutide since June 2021, and currently out of our CEW case load of 189 we have 47 patients taking liraglutide (25%). After 3 months treatment 89% of our patients had lost weight (mean 4.8% BMI reduction, 4kg loss) and after 6 months treatment 88% had sustained further weight loss (mean 8.2% BMI reduction, 12kg loss in total).

5. How many patients was/is the Trust commissioned for, in:

a. 2022/23?

60

b. 2023/24?

60

6. How many referrals did/has the Trust receive(d), in:

a. 2022/23?

117

b. 2023/24?

21

7. How many patients are currently waiting for their first appointment in the T3WM service?

49

8. How does the Trust charge for this service:

a. NHS Tariff/Payment Scheme.

b. Other Per Appointment Pricing Scheme.

c. Per Patient/Pathway Pricing.

d. Block Arrangement.

Block arrangement.

This concludes our response. We trust that you find this helpful, but please do not hesitate to contact us directly if we can be of any further assistance.

If, after that, you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to:

Data Protection Officer
University Hospitals Bristol and Weston NHS Foundation Trust
Trust Headquarters
Marlborough Street
Bristol
BS1 3NU

Please remember to quote the reference number above in any future communications.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF

Publication

Please note that this letter and the information included/attached will be published on our website as part of the Trust's Freedom of Information Publication Log. This is because information disclosed in accordance with the Freedom of Information Act is disclosed to the public, not just to the individual making the request. We will remove any personal information (such as your name, email and so on) from any information we make public to protect your personal information.

To view the Freedom of Information Act in full please click [here](#).

Yours sincerely

Freedom of Information Team
University Hospitals Bristol and Weston NHS Foundation Trust