

Freedom of Information Request

Ref: 23-216

27 March 2023

By Email

Dear Sir/Madam

Thank you for your request for information under the Freedom of Information Act 2000. The Trust's response is as follows:

- We can confirm that we do hold the information you are requesting

Please can you provide information on the below for adult surgery: -

Recovery protocol for Tonsillectomy

Recovery protocol for Laparoscopic Cholecystectomy

Recovery protocol for FESS functional endoscopic sinus surgery

There are general guidelines about discharging patients post operatively.
From recovery to the ward area -please see the attached documents:
Day Surgery Perioperative Management Discharge Criteria 2.1 and 2.2

We have Patient information leaflets about all the surgeries and we give these to all patients including one about aftercare following a general anaesthetic. It is very rare that we use nasal packs that require removal before discharge- most are dissolvable but generally we would monitor patients for an hour or so after pack removal for bleeding.

For tonsillectomy the patient has to wait a minimum of 4 hours post leaving theatre prior to discharge to ensure there is no immediate post operative bleed and then has to fulfil the general discharge criteria.

For FESS and lap choli there is no minimum time, but the patients have to fulfil the discharge criteria as stated.

This concludes our response. We trust that you find this helpful, but please do not hesitate to contact us directly if we can be of any further assistance.

If, after that, you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to:

Data Protection Officer
University Hospitals Bristol and Weston NHS Foundation Trust
Trust Headquarters
Marlborough Street
Bristol
BS1 3NU

Please remember to quote the reference number above in any future communications.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF

Publication

Please note that this letter and the information included/attached will be published on our website as part of the Trust's Freedom of Information Publication Log. This is because information disclosed in accordance with the Freedom of Information Act is disclosed to the public, not just to the individual making the request. We will remove any personal information (such as your name, email and so on) from any information we make public to protect your personal information.

To view the Freedom of Information Act in full please click [here](#).

Yours sincerely

Freedom of Information Team
University Hospitals Bristol and Weston NHS Foundation Trust