

Clinical Guideline

DAY SURGERY PERIOPERATIVE MANAGEMENT: DISCHARGE CRITERIA FROM RECOVERY 2 to HOME

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| SETTING | Day Surgery Unit |
| FOR STAFF | Recovery staff working in the day-case unit |
| PATIENTS | Adult patients undergoing day surgery under general anaesthesia |

Guidance

Discharge of Phase II Patients to Home

To assure that outpatients are discharged home safely and efficiently, patients will meet following criteria below, before home discharge.

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| Vital signs stable for at least one hour after leaving theatre | Yes / No |
| Minimal bleeding or wound drainage | Yes / No |
| Adequate pain control and supply of oral analgesia | Yes / No |
| Understanding of use of medication supplied Supported by written information | Yes / No |
| Minimal nausea, vomiting and dizziness | Yes / No |
| Fluids taken: | Yes / No |
| Alert and orientated: | Yes / No |
| Able to repeat verbal instructions: | Yes / No |
| Cannula removed: | Yes / No |
| Able to dress & walk where appropriate: | Yes / No |
| Passed urine (if appropriate): | Yes / No |
| Wound site satisfactory: | Yes / No |
| Carer present to take the patient home | Yes / No |
| Carer at home for 24 hours after the operation: | Yes / No |
| Criteria for discharge fulfilled: | Yes / No Time: |

Table A

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| REFERENCES | Guidelines for day-case surgery 2019 Guidelines from the Association of Anaesthetists and the British Association of Day Surgery <i>Anaesthesia</i> 2019 74: (6); 778-792. |
| RELATED DOCUMENTS AND PAGES | None |
| AUTHORISING BODY | Division of Surgery Theatre Executive Committee |
| SAFETY | If patient is unwell or experiencing acute symptoms, discuss with the Anaesthetist if present or the on call anaesthetist on Bleep [REDACTED] or Bleep [REDACTED] |
| QUERIES AND CONTACT | As above |