

Clinical Standard Operating Procedure (SOP) REIKI COMPLEMENTARY THERAPY FOR APOLLO 35 & STARLIGHT WARD AREAS

SETTING Apollo 35 and Starlight ward areas

FOR STAFF All clinical staff

PATIENTS For children, young adults, parents & carers on Apollo 35 & Starlight ward areas

STANDARD OPERATING PROCEDURE

This is a simple guide for all staff who are involved with the care of patients receiving a Reiki session from a qualified therapist.

GENERAL PRINCIPLES

- All Therapists must have Trust clearance, complete Trust induction and be up to date on relevant essential training.
- All Therapists must be clearly identified as complementary Therapists, (Trust ID Badge, Uniform).
- All sessions must be given with the agreement of the patient's clinical team.
- Sessions can be booked using the Reiki diaries kept on Starlight for Wednesday slots & Apollo for Friday slots.
- Feedback forms must be completed after every session and stored in the yellow feedback folder located on Apollo 35.

WHO IS ELIGIBLE FOR A REIKI SESSION?

Any child or young adult patient, parent, carer or staff members.

WHO IS NOT ELIGIBLE FOR A REIKI SESSION?

Patients who are experiencing vomiting or diarrhoea

PREPARATION FOR A SESSION

Sessions will last approximately 45 minutes with 15 minutes discussion and preparation and 30 minutes of Reiki. Patients will receive their session in their bedspace. Parents, carers and staff will receive their sessions in the meeting room on Starlight ward which will be pre-booked for Wednesday and Friday afternoons.

Table A

REFERENCES	<p>NICE Guidance https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4093427/</p> <p>Reiki in Hospitals https://www.reikifed.co.uk/2018/06/14/reiki-in-hospitals/</p> <p>The Sam Buxton Sunflower healing Trust www.cancertherapies.org.uk</p>
SAFETY	Any safety concerns please contact Nurse in charge
QUERIES & CONTACT	<div data-bbox="692 808 1455 842" style="background-color: black; height: 15px; width: 100%;"></div> <div data-bbox="692 882 1465 913" style="background-color: black; height: 15px; width: 100%;"></div>